

Travel for the Soul is a series of entries dedicated to my travel experiences. In them I write about and describe a few of the places my family and I have visited, and include photographs and informational links as well.

Every time we take a trip, one which takes us away from our daily routine, we have the opportunity to heighten our awareness, and thus, grow spiritually. Every single time. Whether or not we take advantage of that, is entirely up to each of us. So I decided to create this series not only to share some of my trips with you, but mostly in the hopes that these entries may be helpful in planning some of your own getaways – hopefully some unforgettable experiences – the kind that will fuel your soul.

HAPPY TRAVELS!



Travel like Ghandi, with simple clothes, open eyes and an uncluttered mind.
~Rick Steves

I soon realized that no journey carries one far unless, as it extends into the world around us, it goes an equal distance into the world within.
~Lillian Smith

Stripped of your ordinary surroundings, your friends, your daily routines, your refrigerator full of food, your closet full of clothes – with all this taken away, you are forced into direct experience. Such direct experience inevitably makes you aware of who it is that is having the experience. That's not always comfortable, but it is always invigorating.
~Michael Critchton

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