



Tomorrow we awake to Ash Wednesday. May this be the beginning of a meaningful and faith-fueling Lent season for all.

Jesus, you place on my forehead the sign of my sister Death: "Remember you are dust, and to dust you shall return."

How not hear her wise advice? One day my life on earth will end; the limits on my years are set, though I know not the day or hour. Shall I be ready to go to meet you? Let this holy season be a time of grace for me and all this world "Teach us to number our days aright, that we may gain wisdom of heart."

- a meditation by Victor Hoagland, C.P.

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