

Couple of days ago I was at the grocery store with my daughter and her boyfriend. As usual, as soon as we came in they went their own way in search of the items they wanted to stuff my cart with. I turn the aisle and spot them in front of the baby food shelf checking out the different types. As I pass behind them I hear them reminisce about their baby food consumption days, which ones they liked and which ones they hated (as if they could remember in detail…can they really?). Time stopped still for a minute it seemed when I myself flashed back to those days, and then I couldn't help but chuckle at the comparison of past and present images. It was funny, then bittersweet. After picking their favorite, now all on their own –banana– they catch up to me, stuff it in the cart, and go on to the next aisle for bigger and better things (but…is there anything better than banana baby food?).

These days it is refreshing to catch them in such a moment of simplicity, taking a break from checking out colleges and career options, filling out applications, talking all grown up, and feeling all stressed out. They stress about their present, we stress about their future. Let's face it, it's a tough world we live in. So these moments of simplicity give us parents a break as well, and seem to slow down time in the process, even if for a moment. Because time is relative they say, and I couldn't agree more, but when it comes to our kids it seems this theory does not apply 'cause time just flies, no matter what. And let me tell you, I'm not ready. Am I the only parent out there who's not ready? I can't possibly be. I mean, as much as I look forward to them accomplishing their plans, wherever those may take them, and living out their lives, a part of me wants them in a time warp of sorts, standing there reminiscing about baby food. : )

"It kills you to see them grow up. But I guess it would kill you quicker if they didn't."
~ Barbara Kingsolver

Share this:

- Share on Facebook (Opens in new window) Facebook

- Share on X (Opens in new window) X
- Share on Pinterest (Opens in new window) Pinterest
- Print (Opens in new window) Print