Me: “Guys today we’ll be talking about the Sacrament of Penance.” Kids: [blank looks…sighs…mumbling]. Me: “Don’t worry, there’s an app for that!

Tomorrow I take my CCD class to receive the Sacrament of Confession in anticipation of their Confirmation this coming Tuesday. This sacrament, the most personal and intimate for us Catholics, involves a four-part ritual (examination of conscience, confessing of sins, assignment of penance, and absolution), and requires some preparation in the form of meditation. Since a “meditating teenager” is an oxymoron, you can imagine what it entails to help them prepare, with any bit of interest on their part, for this sacrament. Not an easy task, I assure you.

But, folks, here comes an app to the rescue. Believe it or not, we now have *Confession: A Roman Catholic App* to help us prepare and get through our confessions. Yes, you read correctly. As described in iTunes, “…this app is the perfect aid for every penitent. With a personalized examination of conscience for each user, password protected profiles, and a step-by-step guide to the sacrament, this app invites Catholics to prayerfully prepare for and participate in the Rite of Penance.” I won’t go into detail here about this newest tech button, just click link below and check it out for yourself, but there you have it. Who would’ve thunk it?

Anyhow, were my students interested? You bet. Free pass to turn back on their cell phones in class. What can I say? I’m not planning on using this app myself, and even though I strongly recommend to my students that they go through the steps of this sacrament the traditional way, I can’t deny that it served to spark that bit of interest I mentioned above.

I know God has a sense of humor. And now I see that faith has gone really hip.

Confession: A Roman Catholic App

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