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"It is easy to call Him best friend when things are fine and dandy," I recently told a friend who's going through a rough time. I know this, I speak from experience. I mean, He showers me with His blessings and life is great.Couldn't be better. I feel safe and comforted day after day after day. It gets to where I wonder if I even need to pray that much. Because God is good; my bff — Then wham! — The proverbial stormy weather rolls in — as it *will* and *does* — lasting days, a week or two, or longer. I start to feel a bit abandoned, and my praying increases, but to no avail it seems, and incertitude sets in and I get all doubting-Thomas-like, antsy about my bff's whereabouts, leaving the door wide open for the Tyrant. Because by now I'm vulnerable and my spirit's quite conquerable. All the while my Lord's smiling and shaking His head at me: "Lighten up girl you know better!" Do I?

My friend wonders how many trials one must go through before breaking this pattern of infidelity. I know for me, it appears, as many as it takes for my fearful self to learn to Trust. Full and devoted Trust in God with a capital T. The kind that reassures me that even though I don't know the why of something, I will deal with the adversity in everything, and see the lessons in gratitude, perspective, and strength in all of it.

"We're all God's work in progress, and thankfully He doesn't give up on us, ever," I told my friend, "we are the ones who give up on Him." Really, more often than I'd like I find that I'm the one shaking my head at myself saying, "O *me* of little Trust!" It is precisely then, I know, that I must humbly take a knee and utter those telling words: "God, I trust in You." I *do* know better.

He's got my back. And yours. Believe it.

"It is not to be imagined that the God who has been so faithful to me in the last six trials I've gone through, will now abandon me here on the seventh." - C. Spurgeon

"Why are you afraid, O you of little faith?" - Matthew 8:26

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