



- For my support group: my hubby, children, mom, extended family, and close friends, who have cared for and about me so very much during my down time.

After the verb “to Love,” “to Help” is the most beautiful verb in the world.

- *Bertha von Suttner*

A happy life is made up of little things-a gift sent, a letter written, a call made, a recommendation given, transportation provided, a cake made, a book lent, a check sent.

- *Carol Holmes*

~ Hem your blessings with thankfulness so they don't unravel.

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