



Here's a Thankful Thursdays challenge – Today, I invite you to express your gratitude to someone.... [Not much challenge in that, you say? Okay, but I wasn't finished]... express your gratitude in a way that, well, you could say has gone out the window: in written form.... [Piece of cake, you say? I'm still not finished]...and do it in *tangible* written form. [cricket, cricket].

In this day of text messages, emails, tweets, and smart phones on which speaking is the last thing any of us do by the way, writing something out and mailing it has become somewhat of a hassle. It's nowhere near as convenient or quick as firing off an email or text. But that unfashionable and almost forgotten method of communication carries a powerful punch.

It is said that appreciation can change someone's life. We know that the power of the magic words "thank you" can deepen a relationship, repair a bond, and show the other person what they mean to you. And nothing has quite the enduring appeal of pen, paper and note-card to show it. Sadly, the hand-written thank you has become obsolete. It is seldom done, period. But as someone once said, "What's seldom is wonderful." Truth is, the physicality of a thank you note is now uncommon, different, and more meaningful than ever.

As timing would have it, while I was preparing this post, I received a shipment in the mail from Ralph, my nephew (and first godson), founder of [Happy Someone](#), a movement promoting happiness. With the order I had placed from his website, came this card. It put a smile on my face and warmed my heart.



See what I mean? Write and send a note today to someone who's touched you, or someone who's taught you a life lesson (whether you liked it or not); someone you haven't seen in forever or someone you saw just today. And thank them, for a gift, or more importantly because they gave of themselves, or were there when you needed them, or because they've been in your life, simply. C'mon, let's go out and get those stamps and give the post office something to do. And in the process, do something *seldom* and *wonderful*.

"Hem your blessings with thankfulness so they don't unravel."

~Unknown

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