





Thankful for a year of milestones, adversity, and achievements. Perspective on steroids. My 2013 brought a few big birthdays (50, 21, 18), a huge anniversary (25), a recovery short of miraculous (Mom's bounce back to health), and.....a little literary dream I had come true the paperback.

In reflection, do I have much for which to be thankful? Well, that I am here to tell the story, for starters. That I have a loving and supportive family who are part of it, absolutely. That I have real friends and friends who keep me real, certainly.

And with that, I'd like to say a big THANK YOU to you loyal readers of Rx for the Soul. I appreciate your support and look forward to sharing more thoughts in 2014. As I leave you with my favorite scripture, here's to a new year full of faith, hope, and love:

If I speak in the tongues of men or of angels, but do not have love, I am only a resounding gong or a clanging cymbal. ² If I have the gift of prophecy and can fathom all mysteries and all knowledge, and if I have a faith that can move mountains, but do not have love, I am nothing. ³ If I give all I possess to the poor and give over my body to hardship that I may boast, but do not have love, I gain nothing.

⁴Love is patient, love is kind. It does not envy, it does not boast, it is not proud. ⁵ It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. ⁶ Love does not delight in evil but rejoices with the truth. ⁷ It always protects, always trusts, always hopes, always perseveres.

⁸ Love never fails. But where there are prophecies, they will cease; where there are tongues, they will be stilled; where there is knowledge, it will pass away. ⁹ For we know in part and we prophesy in part, ¹⁰ but when completeness comes, what is in part disappears. ¹¹ When I was a child, I talked like a child, I thought like a child, I reasoned like a child. When I became a man, I put the ways of childhood behind me. ¹² For now we see only a reflection as in a mirror; then we shall see face to face. Now I know in part; then I shall know fully, even as I am fully

¹³ And now these three remain: faith, hope and love. But the greatest of these is love.



~ 1 Corinthians 13:1-13

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