For technology — for connecting you and me despite the physical space between us. No, nothing beats in-person interaction, really. But I've learned to appreciate the reaching capability of electronic communication, and the possibilities it brings. And although I love to sift through actual photographs, you gotta admit getting those images of loved ones in the time it takes the eye to blink or the heart to beat can be pretty sweet.

"The life I touch for good or ill will touch another life, and that in turn another, until who knows where the trembling stops or in what far place my touch will be felt."
~ F. Buechner
"The spiritual path is not a solo endeavor. In fact, the very notion of a self who is trying to free her/himself is a delusion. We are in it together and the company of spiritual friends helps us realize our interconnectedness."



~ T. Brach

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