



For the time to do all the nothing I want, and spend it with those I need, today I am thankful.

What are you thankful for?



“Stre

ss is the trash of modern life-we all generate it but if you don't dispose of it properly, it will pile up and overtake your life.” ~D. Pace

“Who, on their deathbed, ever said they wished they had worked harder? Or spent less time enjoying a quiet afternoon? Or spent less time with their family?” ~N. Sparks

“Rest is not idleness, and to lie sometimes on the grass under the trees on a summer's day,

listening to the murmur of water, or watching the clouds float across the blue sky, is by no means waste of time." ~*J. Lubbock*

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