



Compassion. Called to show it, thankful to get it. Let's practice some. Everyone is going through something.

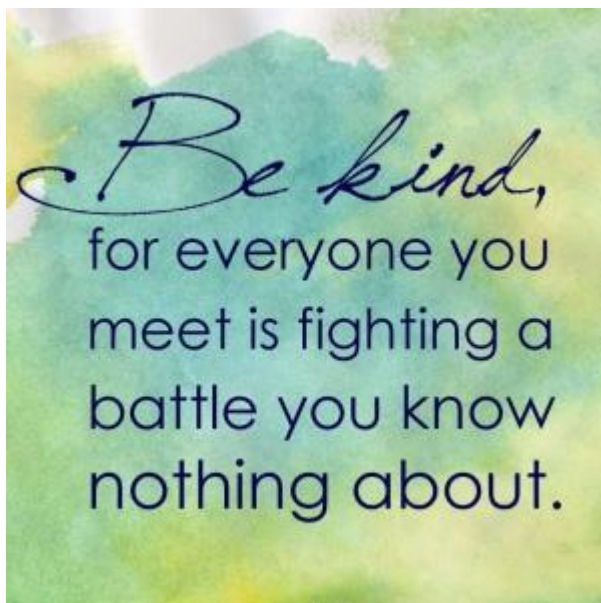
What are you thankful for today?

"You can believe what you've been told. You can imagine in vivid detail the things explained to you. You may even feel emotions assumed to accompany the related experience. But you absolutely cannot know something with any real degree of understanding until you've personally walked the road yourself."

*-Richelle Goodrich*

"It only takes a split second to smile and forget, yet to someone that needed it, it can last a lifetime."

*- S. Maraboli*



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