For 275. It's been said that "the hardest arithmetic to master is that which enables us to count our blessings." True. Especially when one has been gifted so many of them. However, I do know today's exact count: 275 consecutive "Thankful Thursdays" of sharing on *Rx for the Soul* some of these countless blessings. I am ever so grateful for the opportunity and, most of all, grateful to have YOU on the receiving end of these posts. Thank you for your comments, emails, texts, and calls sharing some of your own blessings, gratitude, and encouragement. Truly, it has become a weekly dose of perspective.

What are you thankful for today?

"We write to taste life twice, in the moment and in retrospect."*-Anaïs Nin*

"If the only prayer you say in your life is 'thank you,' that would suffice."*-Meister Eckhart*

"The hardest arithmetic to master is that which enables us to count our blessings."
-E. Hoffer



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