



For those who set the right tone. Like Jose, one of my building's security guards, who holds the door open for us every morning and greets us with a super cheerful "Good morning, happy [whatever day of the week it may be]!" I must confess that some days on my walk up to that door, I'm like "Ugh, back to work." But, Jose's energetic and genuine greeting snaps me out of it and puts a smile on my face. How refreshing it is to encounter people who project positivity. I do believe attitudes are contagious. Wouldn't it be great if we were carriers of the right kind? So, for those who bring their own sunshine, I am thankful.

What are you thankful for today?

*"Attitudes are contagious. Are yours worth catching?" - D. Mannering*

*"There is a magnificent, beautiful, wonderful painting in front of you! It is intricate, detailed, a painstaking labor of devotion and love! The colors are like no other, they swim and leap, they trickle and embellish! And yet you choose to fixate your eyes on the small fly which has landed on it! Why do you do such a thing?"*



*-C. JoyBell C.*

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