



For simplicity. It's a great time of year to clean house (and I'm not just talking about the closet and garage). Don't wait 'till spring time. Start cleaning house now in every aspect of your life - materially, mentally, and emotionally. We should identify what's essential and do away with as much of the rest as we can. Like the physical clutter, the people-drama, expectations, and negativity that weigh us down and stress us. We should convert some of that stress into spiritual energy. Think God more.

Bottom line is, we take on so many things and bring on so much complexity to our life that enjoying it gets overshadowed. Let's try to live a more balanced and significant life. And for every time we are able to keep it simple and real, be thankful.

Until next Thursday's post...si Dios quiere.

What are you thankful for today?

"Free yourself from the complexities and drama of your life. Simplify. Look within. Within ourselves we all have the gifts and talents we need to fulfill the purpose we've been blessed with."

-Steve Maraboli

"Are you tired? Worn out? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me- watch how I do it. Learn the enforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly."

-Matthew 11:28-30

"Any intelligent fool can make things bigger, more complex, and more violent. It takes a touch of genius — and a lot of courage to move in the opposite direction."

-E.F. Schumacher

Never
put off till tomorrow
what you can
let go of
today.

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