



For that stuff between paydays. That's right, the time away from the office. Experts say taking time off is good for the body, mind and soul, and makes us more productive. So smart, those experts. But it's not always easy or possible to get away. So each opportunity to do so is quite the blessing. Make sure you schedule some time for yourself, within your zip code or out of the country, no matter where, just do it.

This morning, although we're missing the other half of our pack, we are super thankful for our downtime.

From Jacob Lake, AZ, until next Thursday's post...si Dios quiere.

What are you thankful for today?

"Have regular hours for work and play; make each day both useful and pleasant, and prove that you understand the worth of time by employing it well. Then youth will be delightful, old age will bring few regrets, and life will become a beautiful success."

-L.M. Alcott

"Once the travel bug bites there is no known antidote, and I know that I shall be happily infected until the end of my life."

-Michael Palin

"Time is that stuff between paydays."

-L. Ochs

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