



For the grace to be content...in any and every situation. But what does it take to be in that state of mind? I mean, there's nothing wrong with wanting more, is there? I know about wanting more, trust me; most of us do, I guess. After all, shouldn't we always strive to improve our lives? And isn't it okay to long for those little extras we don't need? Yes and yes. Thing is, we get anxious and kind of crazy when things are not going our way or we are not getting what we're wanting, and when that happens contentment goes out the window.

So how do we get it back? I do believe that we are where we are for a reason, in success and in struggle. And that as we work on reaching our goals and dealing with adversity, we should try to make the best of our circumstances. In doing so, I think three things are key: focusing on our blessings, embracing the journey, and living each season in the moment. We tie that around the known fact that the grass isn't always greener on the other side, and voilà, the winter of our discontent made glorious summer.

That last part about the grass, very relevant in this need-to-compare-and-supersede world we live in. Really, let's not be too quick to envy the neighbor's grass, because from a distance we can't always see the weeds.

Granted, contentment is not easily achieved, but I think absolutely necessary if we want to experience a decent amount of peace and happiness in our lives. Basically, we should love where we are headed and bloom where we are planted, something like that, they say. And I would agree. Although I don't know about you, but that kind of contentment calls for God's grace, or I'm toast. And every time I get even a little bit of that grace, I couldn't be more thankful.

Until next Thursday's post...si Dios quiere.

What are you thankful for today?

"I am not saying this because I am in need, for I have learned to be content whatever the

circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well-fed or hungry, whether living in plenty or in want. I can do everything through him who gives me strength.”
-Philippians 4:11-13

“It isn’t what you have or who you are or where you are or what you are doing that makes you happy or unhappy. It is what you think about it.”
-Dale Carnegie



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