



For personal safety.

Things are so crazy nowadays that it feels like we're not safe anywhere, no matter how cautious we are. The uncertainty of our daily safety can drive one crazy, if we let it, mainly if it's the well-being of our kids that we are mostly concerned about. They, of course, feel invincible, bless their hearts, but really, it's just nerve-wracking. Attached to my every "goodbye" and "see you later" is a "be careful," which sometimes just makes me more anxious.

But, other than to continue to stay alert and be careful, what are we to do? For starters, place our lives, and the lives of those we love, in God's hands and repeat (as necessary) "heart of Jesus, I trust in Thee."

Let's not take for granted when nothing's happened to us, and be thankful for every day we're alive and well.

Until next Thursday's post...si Dios quiere.

[Note: In case you're not Spanglish-speaking, "si Dios quiere" means God-willing. Mom finished most of her sentences with that, so I've added it to my sendoff in her memory].

What are you thankful for today?

"It is the Lord who goes before you. He will be with you and will not fail you or forsake you. Do not fear or be dismayed."

-Deuteronomy 31:8

"Don't talk to strangers. Don't do drugs. Don't smoke. Don't drink and drive. Don't have sex. Wear a condom. Wear sunblock. Wear a seat belt. Wear a helmet. If you see something, say something. Just say no. Stop, drop, and roll. Stop, look, and listen. Look both ways before you cross the street.... Bad things can happen to anyone at any time, whether you follow the

rules or not. You can check left, check right, check left again before you step off the curb and into the crosswalk, but that won't stop an anonymous asshole in his shitty pickup from putting you in intensive care..."

-M. McCafferty



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