



For power-packed words.

Please, thank you, I'm sorry, good morning, have a great day, you can do it, I'll pray for you, I love you....

The smallest and simplest of positive words have the power to make someone's day, sometimes even save a life. And with so much negativity out there, who wouldn't want to be the recipient of a few good words that can turn our day around?

Words define us. They are, after all, a reflection of who we are. So they matter, and we have the responsibility to make them count. Let's use them for good not for ill.

For power-packed words, today and always, I am thankful.

I dedicate today's post to my mother-in-law and second mom, who turns 81 today. Felicidades, Mima!

What are you thankful for today?

Until next Thursday's post...si Dios quiere.

"A word is dead

When it is said,

Some say.

I say it just

Begins to live

That day."

-Emily Dickinson

"They can be like the sun, words.

They can do for the heart what light can for a field."

-St. John of the Cross

“Words are like eggs dropped from great heights; you can no more call them back than ignore the mess they leave when they fall.”

-J. Picoult



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