

For what points me true north.

In 1925, in his weekly newspaper, Mahatma Gandhi once published a list referred to as The Seven Social Sins. The list was first mentioned in a sermon delivered by Anglican priest, Frederick Lewis Donaldon, and it mentions seven factors that harm society:

> Wealth without work.
> Pleasure without conscience.
> Knowledge without character.
> Commerce without morality.
> Science without humanity.
> Worship without sacrifice.
> Politics without principle.

Timeless, and timely, don't you think? Today I would add:

> Blessings without gratitude.
> Life without faith.

If a moral compass is comprised of principals, values, and beliefs, then gratitude and faith are the needle of mine. I count on them to always point me true north, and they usually don't disappoint. For that, I am thankful.

What makes up your moral compass? And what are you thankful for today?

Until next Thursday's post…si Dios quiere.

"Faith is to believe that at any given moment, we all have everything that we need at that moment…and don't have what we do not need or what is not good for us. Gratitude is when we start being thankful for all that we have or do not have at that moment. Happiness is a product of this faith and gratitude."

-A. Naqi

“Open your arms to change but don’t let go of your values.”
-Dalai Lama

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http://walkrun.stjude.org/ConniePerez

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