

For 400.

In February of 2012, when I set out to post weekly writings that focused on gratitude, I didn't think I would still be at it seven and a half years later.

My intention was to share with you something for which I was thankful that day, and in the process maybe prompt you to think about something for which you were grateful as well. In that way, together we could count our blessings and remember the things that are going well.

I am grateful for so many things and, especially today, for the opportunity to post 400 consecutive Thankful Thursdays. And of course, I am grateful to you for reading them.

What are you thankful for today?

Until next Thursday's post…si Dios quiere.

"Every time you post something online, you have a choice. You can either make it something that adds to the happiness levels in the world—or you can make it something that takes away."
-Zoe Sugg

"Write what you know."
-Mark Twain

"We write to taste life twice, in the moment and in retrospect."



-Anais Nin

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