For mind stimulants.

Relax, in this case, I'm referring to quotes. Throughout my time as a blogger/writer, I have shared a zillion of them. I'm sure you've noticed. These perfectly worded sentences often make us think about things in a new or different way. Sometimes, they can even teach us a thing or two about life.

For the most part, a lot of the sayings we come across take but a few seconds of our time to digest. Yet, their enlightening and powerful messages are sometimes enough to keep us going for months at a time. I bet you can recall a couple of quotes you read some time ago that still move you. I know I can.

For me, the best thing about a good quote is the "hmmm…" moment, and how that moment can instantly improve my mood or state of mind. Such words, in essence, are like timely bursts of needed wisdom, comic relief, or encouragement. Like mind stimulants, if you will.

On that note, I hope the quotes, sayings, and verses I share in this blog can do the same for you. For that, I would be thankful. Here are a few of my favorite "hmmm…" thoughts:

"Is prayer your steering wheel or your spare tire?"
   -Corrie Ten Boom
"My mind is a garden. My thoughts are the seeds. My harvest will be either flower or weeds."
   -M. Weldon
"Choices are the hinges of destiny."
   -E. Markham
"There are years that ask questions, and years that answer."
   -Z.N. Hurston
"You cannot do a kindness too soon, for you never know how soon it will be too late."
   -Ralph Waldo Emerson
"Go the extra mile. It's never crowded."
   -Executive Speechwriter Newsletter
"In three words I can sum up everything I've learned about life: it goes on."
   -Robert Frost
"I can do all things through Christ who strengthens me."
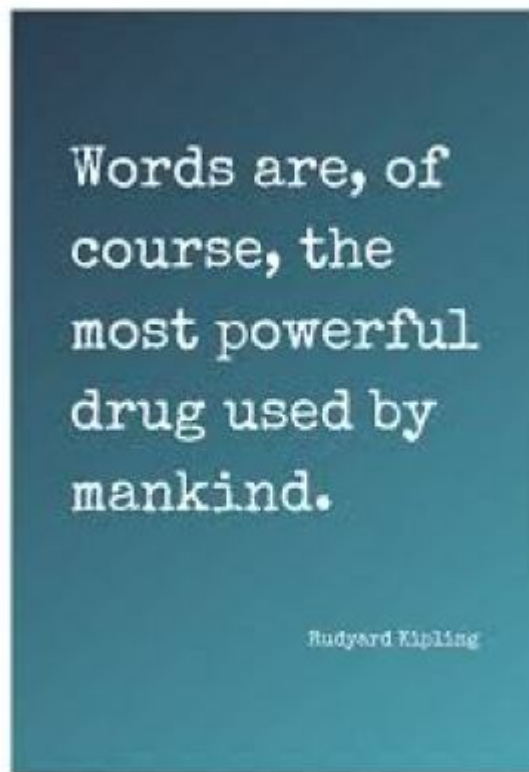
-Philippians 4:13
"It is only with the heart that one can see rightly; what is essential is invisible to the eye."
-Antoine de Saint-Exupéry, The Little Prince
"Not all those who wander are lost."
-J.R.R. Tolkien

What thoughts are you thankful for today?

Until next Thursday's post...si Dios quiere.

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