



For what we receive.

Yesterday, Ash Wednesday (I know, it snuck up on us this year), marked the beginning of a time for us to sharpen our spiritual focus. During the season of Lent, most of us concentrate on repentance, almsgiving, and something to give up. But Lent is not just about that. It's also about gratitude and honoring all the blessings that we receive.

For instance, the apostle Paul wrote, "What do you have that you did not receive?" Let's take a second to think about that. Besides every breath we take, how about the grace, talents, and abilities God gives each of us? These are valuable gifts with great power.

This Lenten season, let's reflect and focus on how to use our gifts for good. And as we remember that we are dust and to dust we shall return, let's appreciate and share these blessings. From now until that time comes.

Wishing all of you a blessed Lenten season. For what we receive, today and always, I am thankful.

What are you thankful for today?

Until next Thursday's post...si Dios quiere.

"When I stand before God at the end of my life, I would hope that I would not have a single bit of talent left, and could say, 'I used everything you gave me.'"

-Erma Bombeck

Fast from discontent; feast on gratitude.

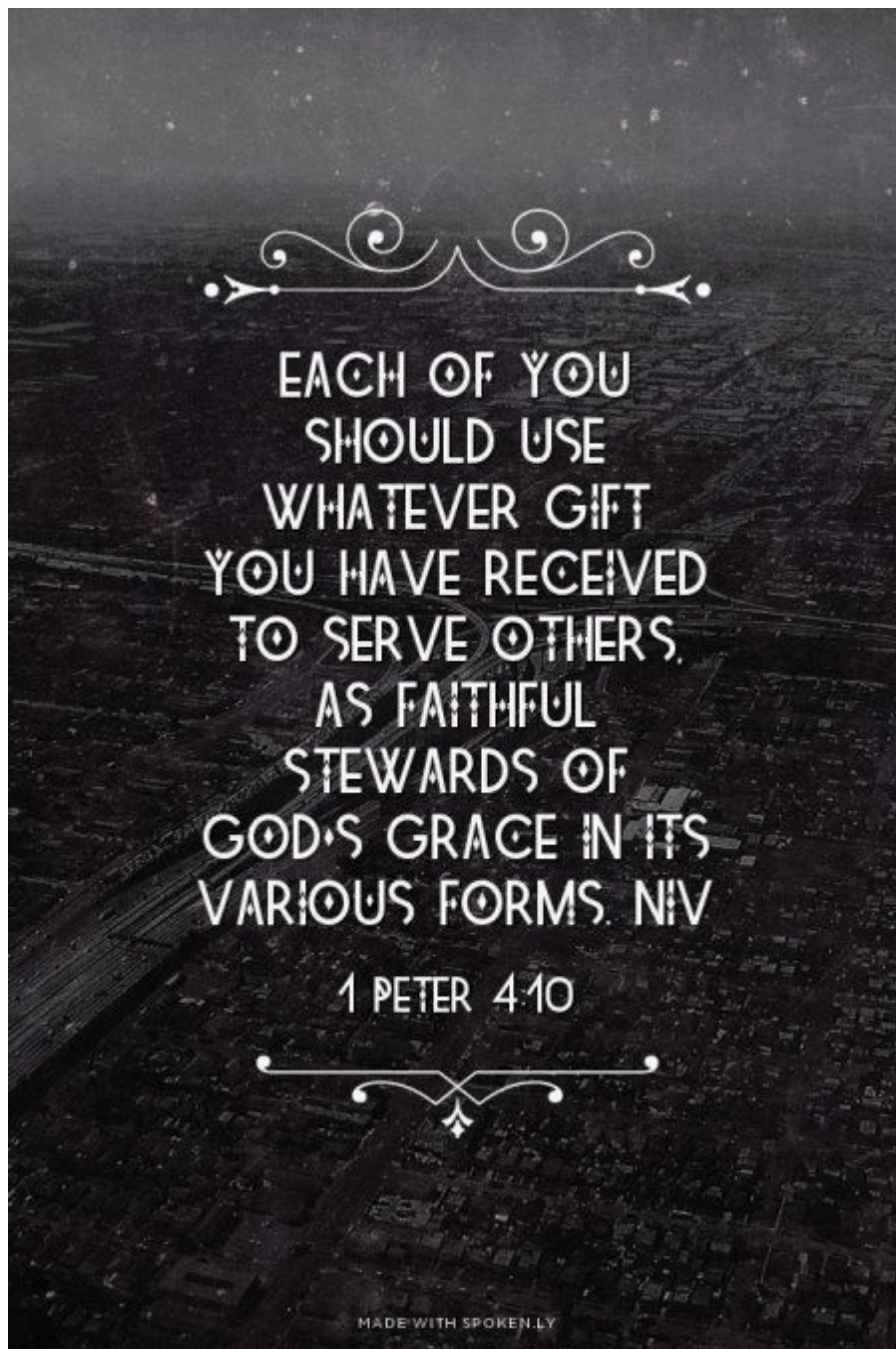
Fast from words that pollute; feast on phrases that purify.

Fast from bitterness; feast on forgiveness.

-William Arthur Ward

“For you are dust, and to dust you shall return.”

-Genesis 3:19



[Note: By the way, in case you're not Spanglish-speaking, "si Dios quiere" means God-willing. Mom finished most of her sentences with that phrase. I added it to my sendoff in her honor after her passing].

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