

For the pack.

They say I'm a pretty strong person. But let me tell you, I am as strong as my pack makes me. And I've got a kick-ass pack supporting me. Second time in less than two months that I undergo surgery. Yes, it's been that kind of year, but not just for me, for many. Fortunately, I am surrounded by family and friends who care about me and pray for me – – the two best medicines.

In the same way, the pack of a St. Jude cancer-stricken child is not just the healthcare workers who tend to them, but it's also you and me. The medicine we provide is prayer and money. This Saturday is the St. Jude Walk/Run event. Although I'm disappointed that I won't be able to walk with my team this year, I am filled with gratitude that our team, my pack, will be there taking steps on behalf of these kids. Please join us in support of this great cause, and be part of these kids' pack. Every prayer and every penny makes a difference. To donate click on: Team RxfortheSoul

For those who help carry others through, today and always, I am thankful.

What are you thankful for today?

Until next Thursday's post…si Dios quiere.

"For the strength of the Pack is the Wolf, and the strength of the Wolf is the Pack."
-Mowgli

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