



For the shift.

The sunlight has shifted and there's enough of a breeze now to NOT suffocate. And just like that, it's October in Miami. Yup, October. Did we skip two whole seasons or something? Never mind this morning's toasty 80°, I'm talking time-wise. Like Oscar Wilde said, "And all at once summer collapsed into fall."

If you're one of the many wanting for this year to be over and done with already, you're probably happy with the current speed of time. But let me break it to you gently, from the looks of coming attractions, they say this month promises to feel like a decade. God help us.

Let's just hope the shift in sunlight and gentle breeze of fall is enough to help simmer down all of the hot tempers, so we can have a peaceful October...and beyond.

What are you thankful for today?

Until next Thursday's post...si Dios quiere.

"Time, poetically depicted as a relentless thief, scientifically explained as the fourth dimension, and practically seen as a valuable and limited resource, is one of the biggest riddles of the universe. The truth is, our decisions and actions define whether it is our enemy or ally. Taking control of our time means living our own life – not someone else's – and getting the most out of it."

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