



Pay it forward. I've always told the kids it is a must. We look at all that is good in our lives against the backdrop of all that is going on in the world, and how can we not feel but blessed?

Of course we express our gratitude to God for our blessings and praise Him. But there are many things we can do to pay those blessings forward. Let me give you two ways to make a great difference.

1 - Help those in dire need in Haiti by donating to World Central Kitchen. Go to [www.wck.org](http://www.wck.org).

2 - Help ensure that families continue to never receive a bill from St. Jude for treatment, travel, housing or food. The annual St. Jude Walk/Run Miami is on September 25, and our team, RxfortheSoul, will participate again to fundraise for this great cause. Your generosity and support in the past has made a huge difference in the lives of others. Won't you please join our efforts to support this great cause? To visit our page and donate, click on [Team RxfortheSoul](#).



Thank you!

What are you thankful for today?

Until next Thursday's post...si Dios quiere.

*"No one has ever become poor by giving."*

*-Anne Frank*

*"You have not lived today until you have done something for someone who can never repay you."*

*-J. Bunyan*

“One of the most important things you can do on this earth is to let people know they are not alone.”

*-S.L. Alder*

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