

Yesterday brought us the beginning of Lent – – Shake-up time for those of us who observe this holy season. And boy do we need it. During the next few weeks we will intentionally put ourselves even more in tune with God. And that can only be a good thing. As we do, I pray He fills our hearts and minds with positivity, patience and peace. That should help cool our thoughts…and our tongues…during these difficult and trying times. I, for one, am counting on His divine therapy.

"Lent is the time for greater love," Mother Teresa would say, and that's exactly what I'm shooting for: greater love for others. That's my Lenten resolution, what's yours?

Because Lent is here to shake me up, I am thankful.

To those of you who share in my faith and observe this holy season, I wish you a blessed one, full of enlightenment, peace, hope and love. To those of you who don't, I still wish you a blessed one, full of enlightenment, peace, hope and love. ✝

What are you thankful for today?

Until next Thursday's post…si Dios quiere.

> [Note: In case you're not Spanglish-speaking, "si Dios quiere" means God-willing. Mom finished most of her sentences with that phrase. I added it to my sendoff in her honor after her passing].

"Remember you are dust, and to dust you shall return."
-Genesis 3:19



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