Let me ask you something…If we didn't watch the news for one week, how much healthier would our lives be? How much stronger would our faith feel?

The other day someone said to me, "I fear faith has been contaminated." True statement, I tell you. And that day, when I watched the news, I felt it. It's how I feel every time I watch the state of our world being played out in the media. I mean, we already know how screwed up things are, and being reminded of it day in day out in the most untrustworthy and unrealistic of ways makes what is already frustrating pretty much unfathomable and hopeless. As the kids say, "it's so extra." It's a barrage of negativity.

I miss the days of straight-up news, sports, and weather. Don't you?

So today and everyday, for every time God helps me stay hopeful and protect my faith from contamination, I am thankful.

What are you thankful for today?

Until next Thursday's post…si Dios quiere.+

"Beware of false knowledge; it is more dangerous than ignorance."
-G.B. Shaw

"One reason that cats are happier than people is that they have no newspapers."
-G. Brooks

"Let your faith be bigger than your fears."

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