

I was in the middle of daydreaming about that ginormous Mega jackpot (so many thoughts), when I was quickly reeled back to reality by pain in my knee, and in my neck, and in my…well, everywhere. Followed by a status text letting us know that our good friend Del was back in ICU. Forget lotto, I thought, I just want health. Ugh, perspective can be such a buzz-killer!

Don't get me wrong, will I test my pre-determined luck again the next time? Sure. It's mostly about FOMO for me. The Fear Of Missing Out should my office pool group win and I didn't partake, it's real. Definitely don't want to be the only person at the office the day after the drawing.

But seriously though, there is no greater wealth than health. That's why, for every breath I take while in relatively good health, I will always be thankful…and richer.

Praying for our friend Del.

What are you thankful for today?

Until next Thursday's post…si Dios quiere.

"Good health is a crown on the head of a well person that only a sick person can see."
-R. Sharma

"Nothing looks as good as healthy feels."
-Anonymous

"Happiness is the new rich. Inner peace is a new success. Health is new wealth. Kindness is the new cool."
-Anonymous



WHAT MONEY CAN BUY

Money Will Buy:
A bed BUT NOT sleep.
Books BUT NOT brains.
Food BUT NOT appetite.
Finery BUT NOT beauty.
A house BUT NOT a home.
Medicine BUT NOT health.
Luxuries BUT NOT culture.
Amusement BUT NOT happiness.
A crucifix BUT NOT a Saviour.
A church pew BUT NOT heaven.

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