





Be this rock for someone.

A good support system is EVERYTHING. For mine, I am so very grateful.

What are you thankful for today?

Until next Thursday's post...si Dios quiere.

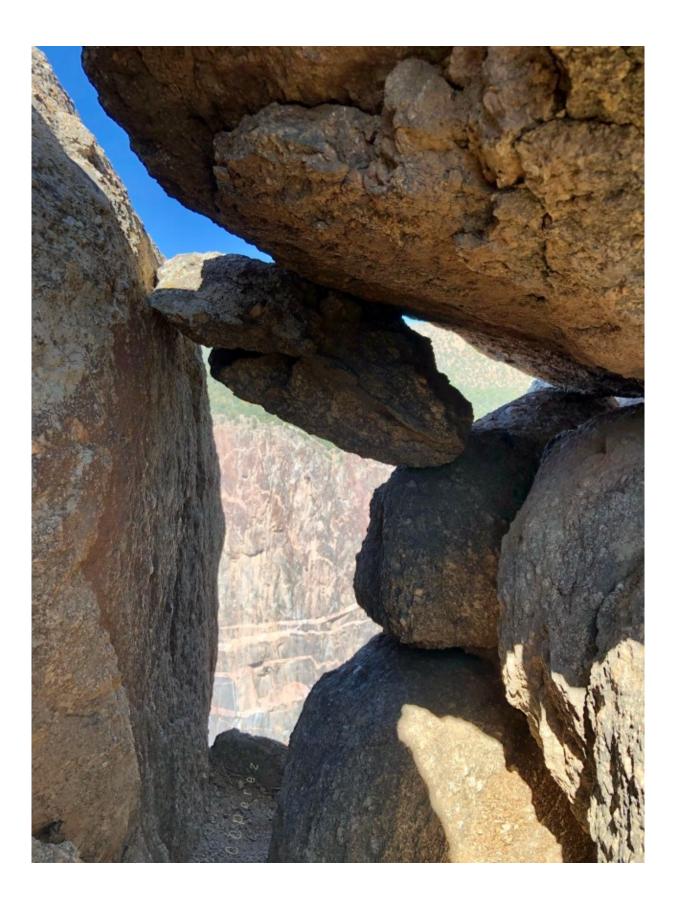
"For the strength of the Pack is the Wolf, and the strength of the Wolf is the Pack." -R. Kipling

"The real point is that we all need help somewhere along life's path whether we think we will or not. And, if you are the one giving and helping, just remember this: no matter what happens later, you will always be secure in the fact knowing that you have remained strong and true to assist those that need your help."

-C. Pulsifer

"Be strong, be fearless, be beautiful. And believe that anything is possible when you have the right people there to support you."

-M. Copeland



## Black Canyon of the Gunnison National Park, CO, October 8, 2019

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