

Hello, December! Welcome to festive stress – – decorations, shopping, party-planning, unwanted extra pounds – – it's no secret that this month is a source of anxiety for many. Allow me to interrupt your stress for just a second to share a bit of exciting news.

As some of you know, Lauren has been hard at work planning and developing her ecommerce business — COLADA JOE®. Today, she introduces her brand with the launch of her online coffee shop. We are super excited for her, and incredibly proud of her accomplishment. At the risk of sounding biased, her product is delicious. But, I invite you to be the judge of that. Be sure to visit coladajoecafe.com to learn more and place an order. And stay tuned for news about a pop-up shop coming soon near you.

Please remember to take it easy this month and focus on the meaningful. December will fly along with the holidays, so gather, share time…maybe brew a little more stress-less joy this season. As they say in the coffee business, "More espresso less depresso." ☕

For the opportunity to make a dream a reality, we are so thankful.

What are you thankful for today?

Until next Thursday's post…si Dios quiere.

"Imagine in vibrant, wonderful detail your heart's desire—a reality only you can envision, an adventure only you can direct.
Then cradle your creation. Caress it. Mold it. Coddle it until it comes to life.
And when your precious treasure grows so grand as to steal your breath away, set it free for all the world to experience. For that is how you live your dreams."
-Richelle Goodrich

"The starting point of all achievement is desire."
-N. Hill

“Supporting small businesses is like that first sip of coffee in the morning…so goooood.”
-Anonymous



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