

I hope everyone had a safe and healthy year's end and start to 2023. The next 360 days will undoubtedly fly. Let's make the best of them.

Declutter
Exercise
Eat well
Read something positive
Take breaks
Be present
Hug it out with your loved ones
And let's be kind, let's please be kind.

Lastly, while we try to make the best of our days this year, let's remember that some things are definitely beyond our control. It is those things we must hand over to God. Trust in Him.

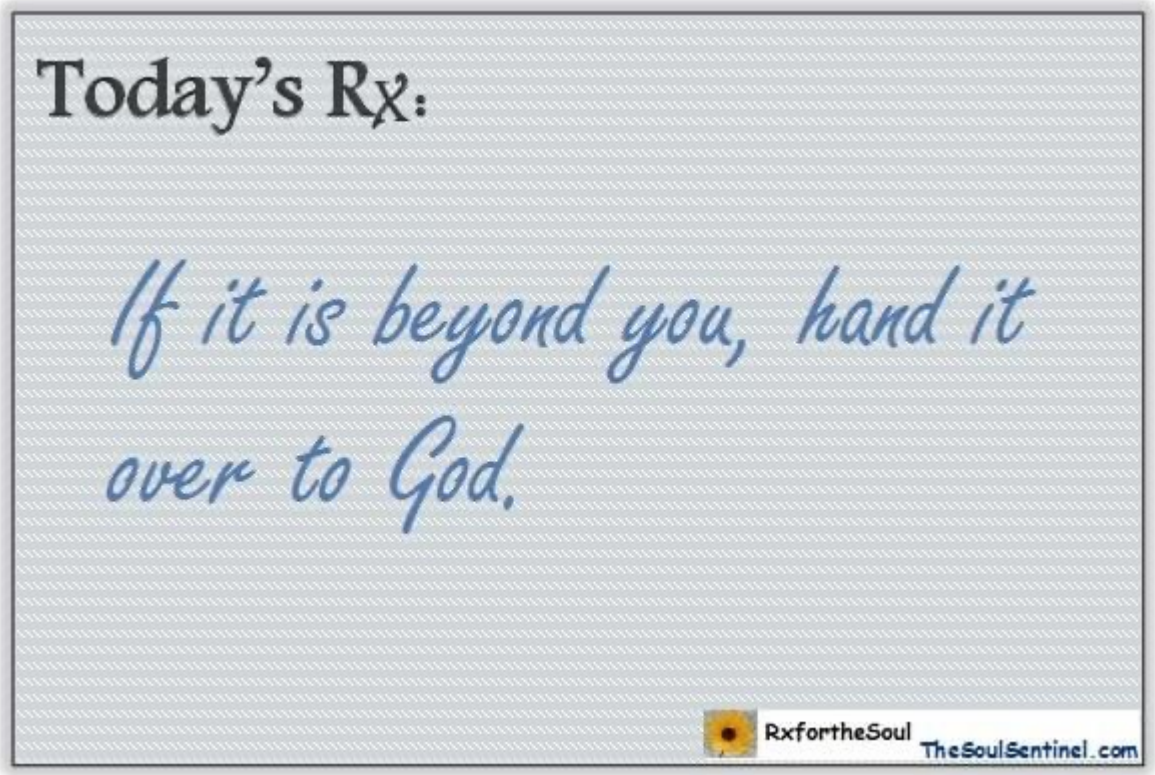
For every ounce of my faith, I am so grateful.

What are you thankful for today?

Until next Thursday's post...si Dios quiere.

"Never be afraid to trust an unknown future to a known God."
-C.T. Boom

"There are only two kinds of people: those who say to God, 'Thy will be done,' and those to whom God says, 'All right, then, have it your way.'"
-C.S. Lewis



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