

We were just talking about a wonderful vacation and somehow the conversation turned to our wrinkles and ailments. That's common in my circle of friends, but I must say that I feel our sense of gratitude and excitement of living is somehow pushed to the side every time we do that. I have to stop doing that. It's a buzz-killer.

Anyway, speaking of wrinkles, I came across these wise words, and wanted to share:

"Don't prioritise your looks my friend, as they won't last the journey.
Your sense of humor though, will only get better with age.
Your intuition will grow and expand like a majestic cloak of wisdom.
Your ability to choose your battles, will be fine-tuned to perfection.
Your capacity for stillness, for living in the moment, will blossom.
Your desire to live each and every moment will transcend all other wants.
Your instinct for knowing what (and who) is worth your time, will grow and flourish like ivy on a castle wall.
Don't prioritise your looks my friend,
they will change forevermore, that pursuit is one of much sadness and disappointment.
Prioritise the uniqueness that make you you, and the invisible magnet that draws in other like-minded souls to dance in your orbit.
These are the things which will only get better."
-J. Drench

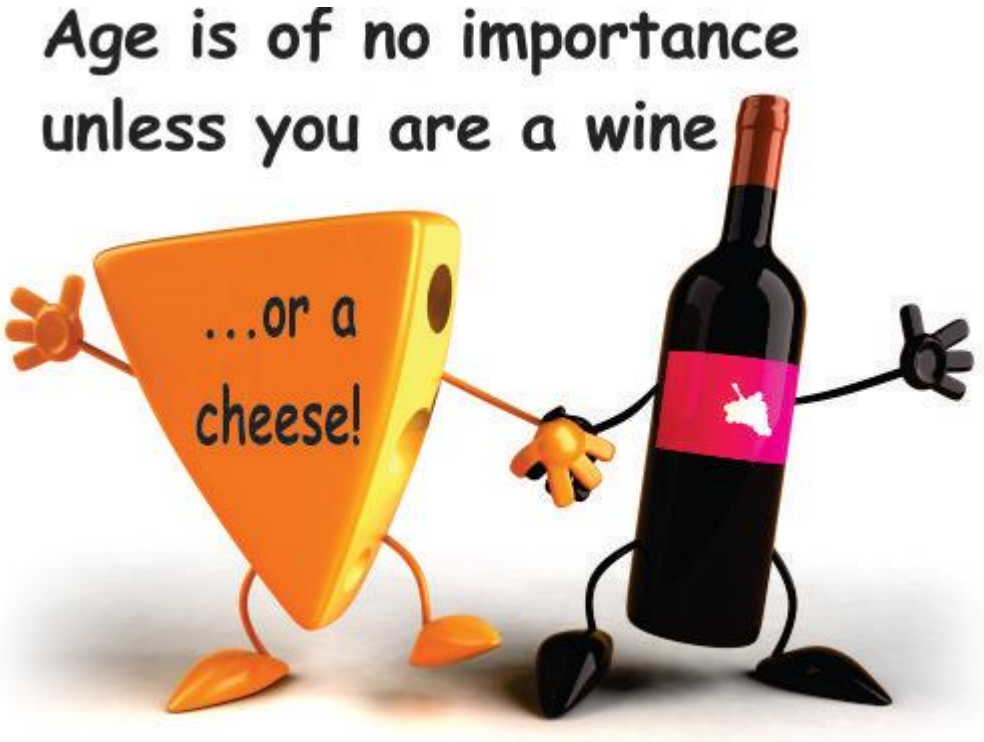
So, let's embrace each day, wear make-up if we have to, and focus on the positive stuff, because we have a predestined number of heartbeats and we must not waste a single one of them.

For my wisdom lines and the life road map they have carved, I will be grateful.

What are you thankful for today?

Until next Thursday's post…si Dios quiere.

"A man's age is something impressive, it sums up his life. Maturity reached slowly and against many obstacles, illnesses cured, griefs and despairs overcome, and unconscious risks taken. Maturity formed through so many desires, hopes, regrets, forgotten things, loves. A man's age represents a fine cargo of experiences and memories."
-Antoine de Saint-Exupery



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