

Whenever we transfer a large or heavy object around the house, we reenact this iconic scene. And every time we do, we have a good laugh. Just this past Friday was one of those times. I'll spare you that video, but trust me, it was funny. I don't think I'll ever see another TV show the likes of Friends. RIP, Matthew Perry.

On a symbolic note, we all have our own couch episodes playing out at one time or another. It serves us best to remember to ask for help, be ready and willing to pivot, and never ever forget to laugh. I am thankful for the people in my life who help me carry the burdens and maneuver through life's journeys. Guys, I couldn't move a couch without you! Love you all.

What are you thankful for today?

Until next Thursday's post…si Dios quiere.

"No one is useless in this world who lightens the burdens of another."
-C. Dickens

Friend's Couch Scene



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