





Some food for thought. Because amidst the daily barrage of nonsense, there should be intellectual nourishment:

Three things in life that, once gone, never come back -

Time

Words

Opportunity

Three things in life that may never be lost -

Peace

Hope

Honesty

Three things in life that are most valuable -

Love

Health

Family

Three things in life that are never certain -

Dreams

Success

Fortune

Three things that make a person -

Hard work

Sincerity

Commitment

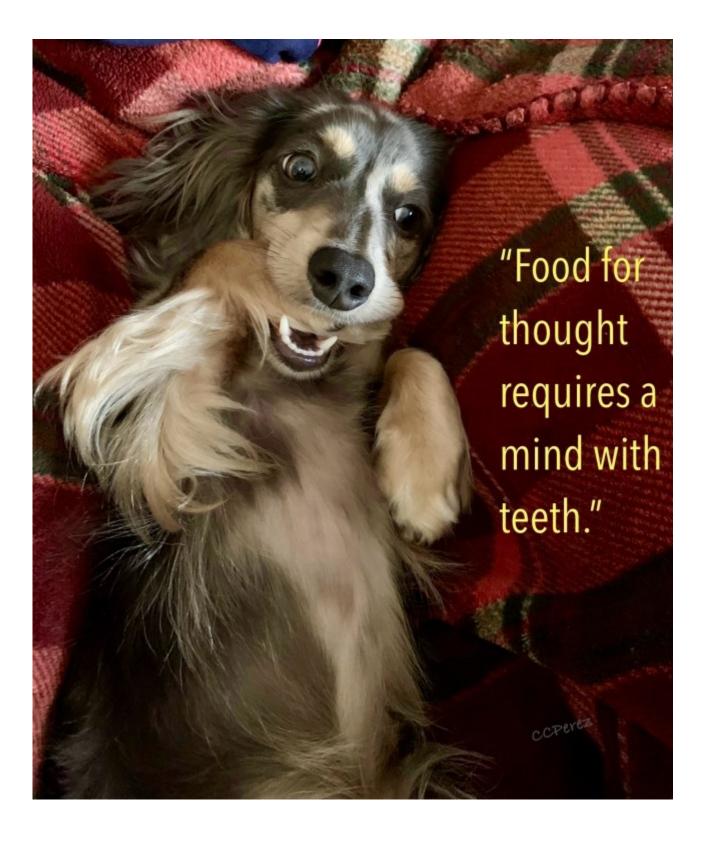
Three things in life that can destroy a person -

Liquor

Pride
Anger
Three things that are truly constant – Father Son Holy Ghost
Can you think of one to add to each?
For words that make me go "hmmm," I am always grateful.
What are you thankful for today?
Until next Thursday's postsi Dios quiere.
"Food for thought requires a mind with teeth." -G.C. Levine

[Note: In case you're not Spanglish-speaking, "si Dios quiere" means God-willing. Mom finished most of her sentences with

that phrase. After her passing, I added it to my sendoff in her honor.]



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