

What is it about a random burst of inspiration that feels so refreshing? You're cruising through a regular day, and suddenly—bam!—an idea pops into your head out of nowhere. Like when you're showering (I call that an epishower), or while you're cooking (I call that a rarity, for me), or maybe during a commute. Out of the blue, a flash of creativity sparks, or a surprising solution to a problem. These moments are like little gifts.

I have found that it is those little surprising instances that turn ordinary moments into extraordinary ones.

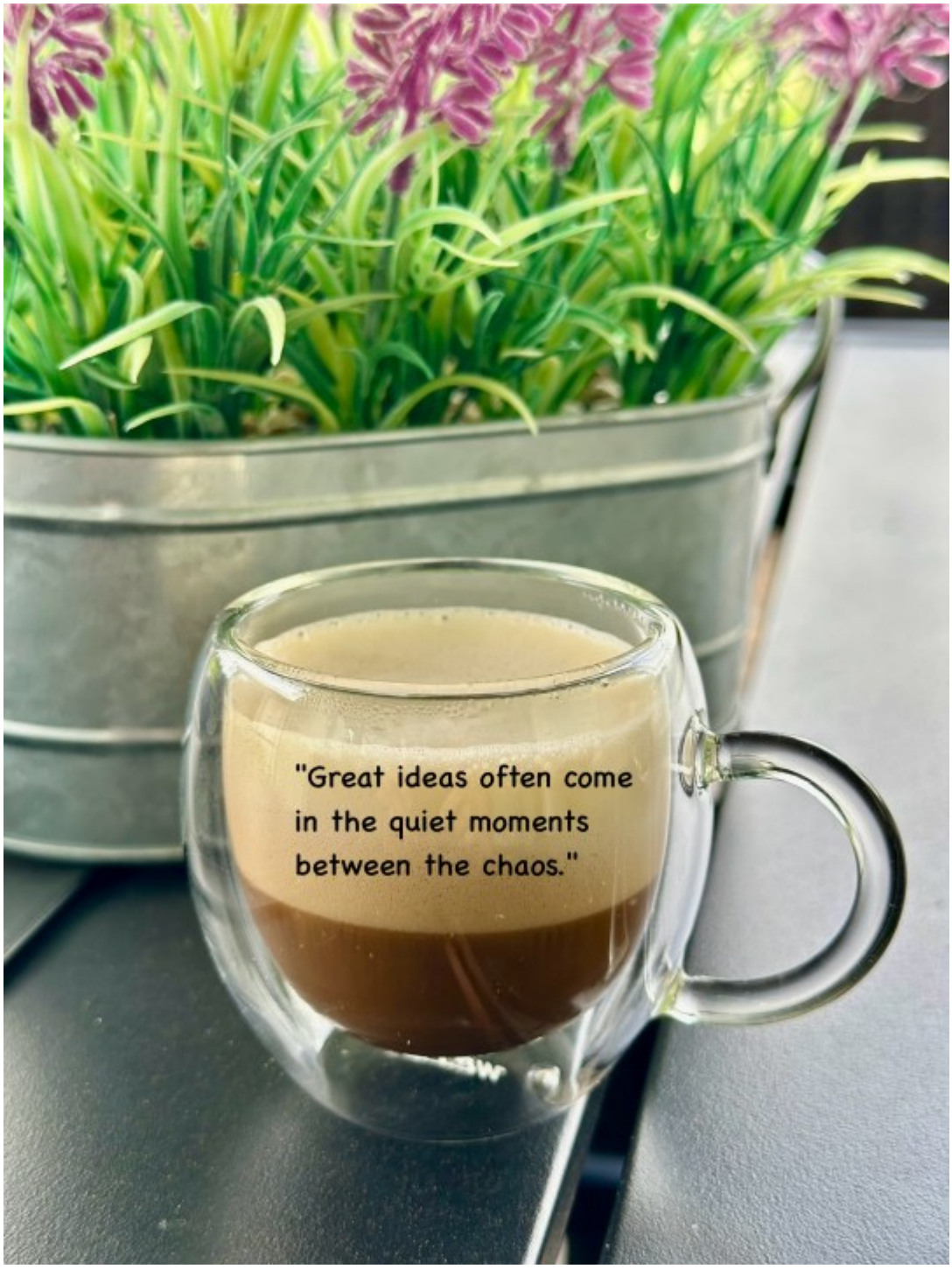
I'm super thankful for these unexpected nudges. They remind me that sometimes the best ideas don't always come from trying hard but from just being open to whatever comes our way.

Family and friends, if you are out there chasing your passions, working through creative projects, or tossing and turning with worry, embrace those random bursts of inspiration. It could be the universe, or the Holy Spirit, if you ask me, encouraging us to keep going and never give up.

Got any recent bursts of inspiration that caught you by surprise? And what are you thankful for today?

Until next Thursday´s post…si Dios quiere.

"A burst of inspiration is like a lightning bolt—it strikes suddenly and illuminates the path forward."
Unknown


"Great ideas often come
in the quiet moments
between the chaos."

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