

Looks like we've dodged a direct hit here in South Florida! After riding out a few storms over the years, I can't help but feel a wave of relief and gratitude. The lead-up to a hurricane can be a bit nerve-wracking, so it's such a relief to see we're getting through this one in good shape.

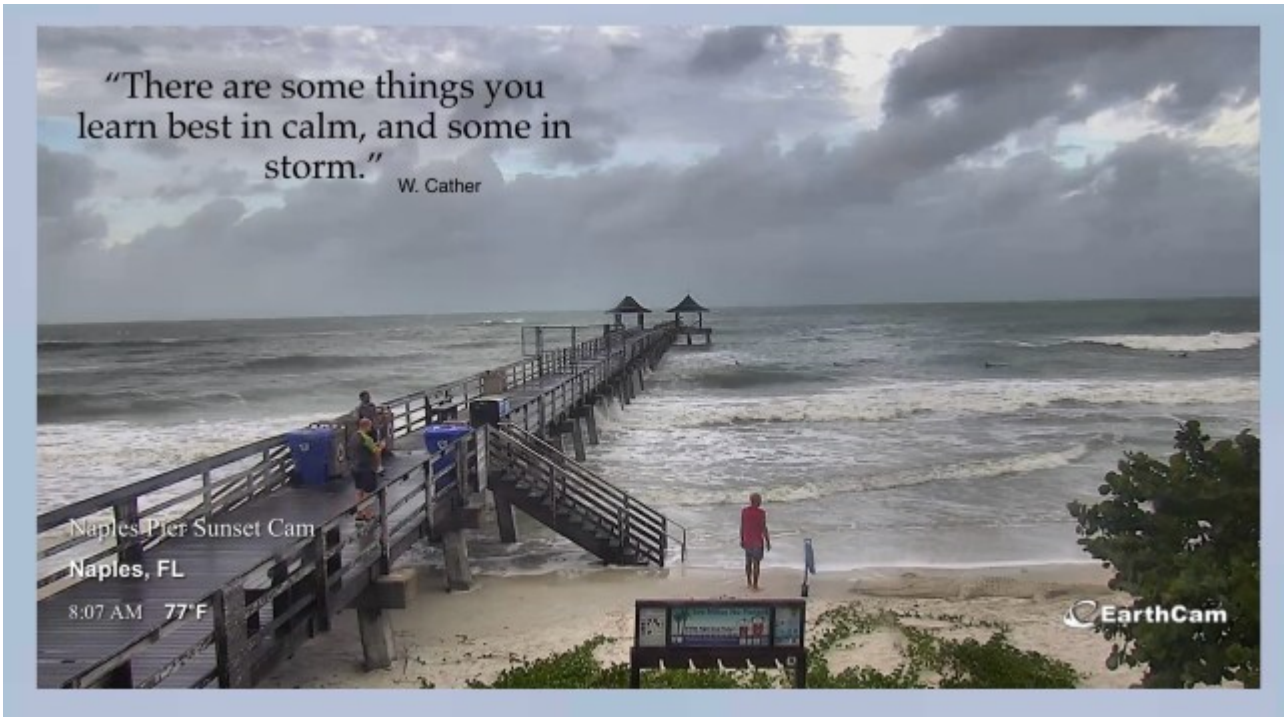
That said, my heart goes out to everyone in Florida's Big Bend coast. I can only imagine the stress they're facing. Preparing for a storm—stocking up on supplies, boarding up windows, and keeping an eye on the latest updates—can be a real whirlwind of emotions. It's a challenging time that really puts life into perspective.

So, as we take a deep breath and relax a bit here, let's keep in prayer those braving Helene. May they find the strength and support they need in the days ahead.

What are you thankful for today?

Until next Thursday's post…si Dios quire.

"Every storm runs out of rain."
-M. Angelou



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