

Yesterday was Ash Wednesday, kicking off Lent for many Christians. It's a time to slow down, reflect, and focus on growth as we get ready for Easter.

Getting ashes on my forehead always reminds me that we're just passing through. The phrase "Remember that you are dust, and to dust you shall return" might sound a bit heavy, but it makes me think about how I want to spend my time here.

Lent is kind of like a reset button, whether that means cutting out something that's not serving me, spending more time praying, or doing a good deed for someone else.

For me, it's all about finding small ways to grow spiritually, not aiming for perfection (because who or what is?), but creating more space for what truly matters.

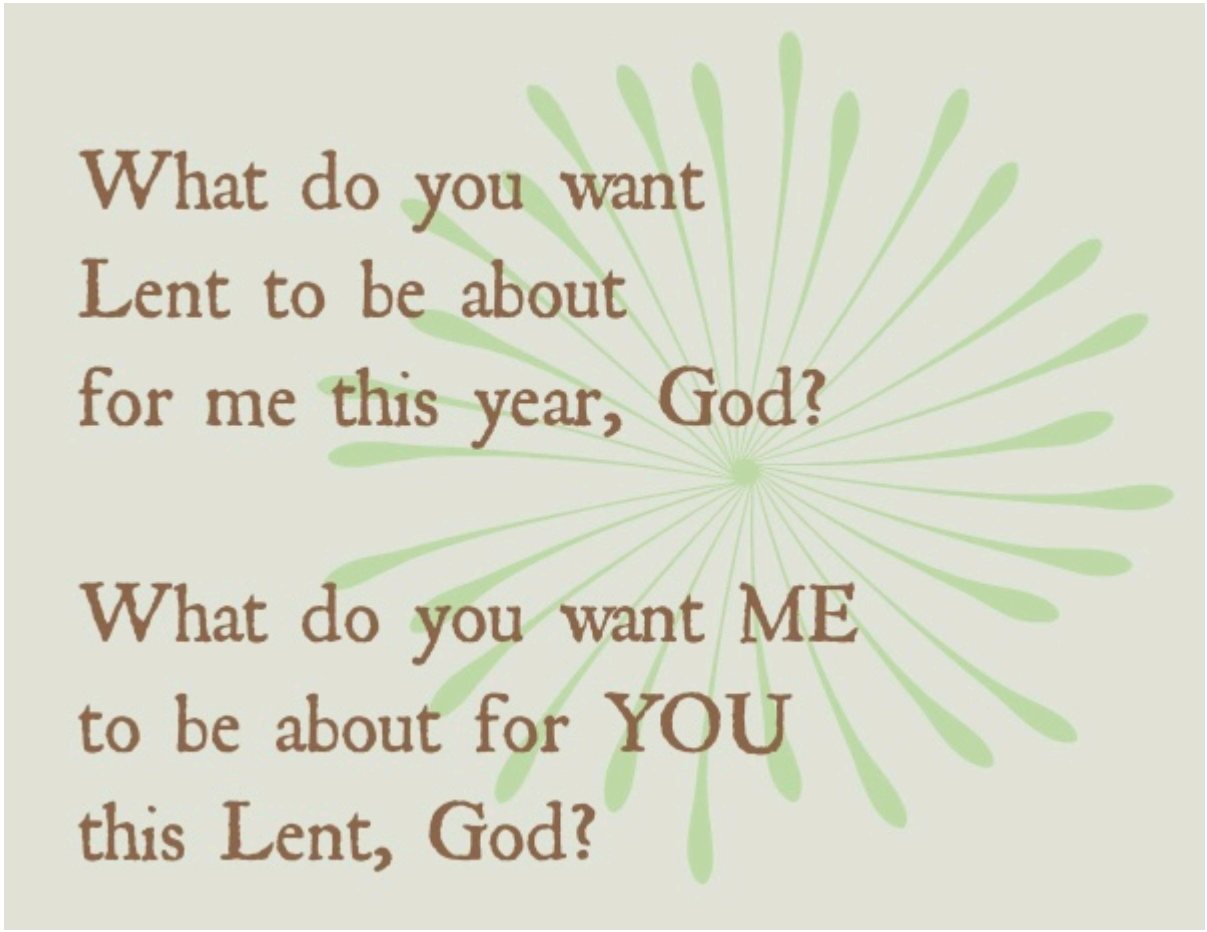
And with Daylight Saving Time just around the corner, guys, it feels like the perfect moment for that reset. I may not love losing an hour of sleep, but boy do I enjoy having that extra time to catch the sunsets.

If you're also on this Lenten journey, let's take it one day at a time and make this season meaningful, even in the little ways. Remember that time is precious, and we're not promised any more of it than we get. You never know when God's gonna call you home.

What are you thankful for today?

Until next Thursday's post...si Dios quiere.

"Nothing great is ever achieved without much enduring."
-St. Catherine of Siena



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