

Firstly, a prayer for the families of those lost in the Texas flood. The souls lost, I believe, are well on their way to glory. But the pain left behind is real, and I hope each grieving heart finds comfort, strength, and support in the days ahead.

In times like these, I'm reminded how fragile life is, and how deeply important it is to show up for others when we can.

That's why I'm once again walking for a cause that's incredibly close to my heart.

Team Rx for the Soul is stepping up for the kids at St. Jude Children's Research Hospital. Last year, because of your generosity, we were again one of the top fundraising teams in Miami! I'm still so moved by how many of you donated to this great cause. It truly felt like we were part of something bigger than ourselves.

So, here's your chance to turn your blessings into something beautiful.

If you can, please consider donating. No amount is too small. Every dollar helps St. Jude continue their lifesaving work and gives families hope when they need it most.

 Click here to donate: Connie Perez / St. Jude Walk.

With much gratitude,
Connie

"Great opportunities to help others seldom come, but small ones surround us every day."
-Sally Koch

"Find out how much God has given you and from it take what you need; the remainder is needed by others."
-Saint Augustine

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