



Every so often, a note comes along that reminds me why I keep writing these posts.

This week I got an email that really touched my heart. It was from Veronica, the daughter of my coworker, friend and dear reader, Rita, who recently passed away. She wrote:

“Hello Connie,

This is Veronica, Rita’s daughter. I wanted to let you know that Mom peacefully passed away on July 3. She always looked forward to the Thankful Thursday messages and often shared them with all of us.

Thank you for being a special part of her life. Please keep in touch.”

Wow, that meant so much to me. Most times, I think my words just sit on a screen. But knowing that Rita looked forward to these little Thursday notes and even shared them with her family is such a gift. I see they *do* make their way into hearts and homes in ways I’ll never fully know. Veronica, welcome to the RxfortheSoul family!

Over the years, I’ve said goodbye to a few faithful readers, and I can tell you I carry each of them with me. I like to think they are still part of this circle. Love and friendship outlives us all, you know.

Today, I’m grateful for Rita, for Veronica’s beautiful note, and for each of you who take a few minutes out of your day to read along. You’re part of this journey, and you remind me why I keep showing up here week after week.

What are you thankful for today?

Until next Thursday’s post...si Dios quiere.

P.S. Speaking of living on, we remember today Charlie Kirk, who’s impactful spirit and unwavering dedication will do just that. Live on. The influence of this influencer knew no

bounds. May he rest in peace. God bless.

“Those we love don’t go away, they walk beside us every day... unseen, unheard, but always near, still loved, still missed, and very dear.”

*-Unknown*

“They may forget what you said, but they will never forget how you made them feel.”

*-Maya Angelou*



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