

Ever burn your toast? 🤦🏻‍♀️ Yeah, me too. More times than I care to count. I just sigh, scrape off the burnt parts, and butter it up. I really never think that in the few moments it took me to do that, life quietly may have rearranged something for my good.

So it is according to the *Burnt Toast Theory*. It's the idea that setbacks, interruptions, and slowdowns might actually be saving us from something worse, or guiding us to something better. It's like a little nudge from the universe (or a divine whisper, if you ask me).

We'll probably never know how many times something annoying actually saved us. *Pero* maybe that's the point. Who knows, maybe grace just kinda slips in as burnt breakfast or a weird detour.

So next time our alarm fails, *el cafecito* spills, our toast turns to charcoal, or the drawbridge goes up at the most inopportune time (ugh, that one's mine), let's not get frustrated. Breathe…… Let's consider the possibility that this isn't life going wrong. It's life going right, just not on our schedule.

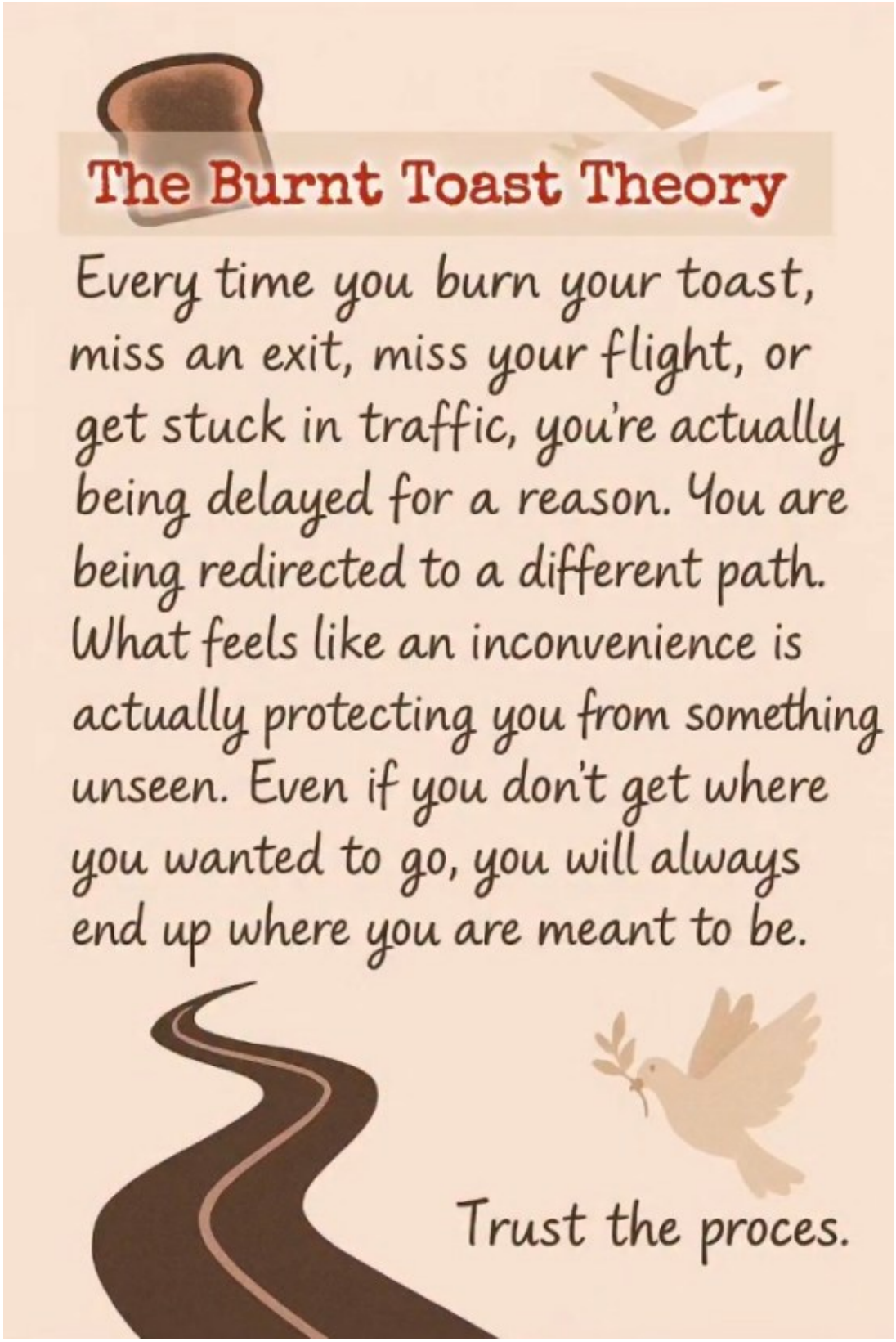
And for that grace, sneaky as it may be, I am so grateful.

¿Y tú? What are you thankful for today?

Until next Thursday's post…si Dios quiere.

"When things don't happen right away, just remember: it takes six months to build a Rolls-Royce and 13 hours to build a Toyota."
-Unknown

"The right thing at the wrong time is the wrong thing."
-Joshua Harris


The Burnt Toast Theory
Every time you burn your toast, miss an exit, miss your flight, or get stuck in traffic, you're actually being delayed for a reason. You are being redirected to a different path. What feels like an inconvenience is actually protecting you from something unseen. Even if you don't get where you wanted to go, you will always end up where you are meant to be.
Trust the proces.

#714

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