

What's your morning routine and schedule like? For me and Ray, our morning schedules have changed more times than I can count over the years. For the most part, we lived those grab your coffee and go mornings. But for some time now, our schedules have aligned. And that's been such a gift.

Somewhere along the way, we started making the bed together. Nope, we didn't go to some marriage seminar or had some deep strategy meeting. It wasn't planned. It just happened.

I grew up in a house where you did not leave without making your bed. Not optional. Not negotiable. Our children were raised the same way. And to this day, I believe that one simple act sets the tone. There is something about a made bed that adds good vibes to your home and to your whole day.

And let me tell you, if bed-making were an Olympic sport, Ray and I would be bringing home the gold. U-S-A! U-S-A! U-S-A! Smooth fitted sheet, corners tight, and pillows fluffed. No words needed. It is teamwork at its finest.

But beyond all that, what I like most is that we begin the day doing something simple together before the emails and responsibilities kick in. It's a small victory before 7 a.m. It is not anniversary-dinner fancy, I know. I guess it's just everyday love. (All together now – Awww). Well, maybe, just maybe, it's also because neither one of us wants to make the bed solo again. □□

We have built a whole life together, and somehow it is the simple, ordinary rituals that feel the sweetest. Funny how that works. To all you couples out there, I highly recommend it. □

For my bed-making partner, my ride or die, I am grateful.

P.S. Giving a huge shoutout to my brother and sister-in-law as tomorrow they celebrate their 50th wedding anniversary. What a milestone! And a blessing. Wishing you both many more

years together in love and in health. ❤

What are you thankful for today?

Until next Thursday's post…si Dios quiere.

"Enjoy the little things for one day, you may look back and realize they were the big things."
-R. Brault

"If you want to change the world, start off by making your bed."
-W.H. McRaven



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