

Always grateful when I run into images like the one I'm sharing today. It feels like *un cocotazo* from God, reminding me of something I already know but clearly need to hear again.

This nudge from God brings to mind the Serenity Prayer:

"God, grant me the serenity to accept the things I cannot change,
the courage to change the things I can,
and the wisdom to know the difference."

For me, that wisdom doesn't always come easy. There's a lot that's beyond my control, so sometimes it's a grin-and-bear-it process. My personal favorite struggle is timing. I would just like to formally say that my timing and God's timing don't always run on the same calendar. Hence the struggle.

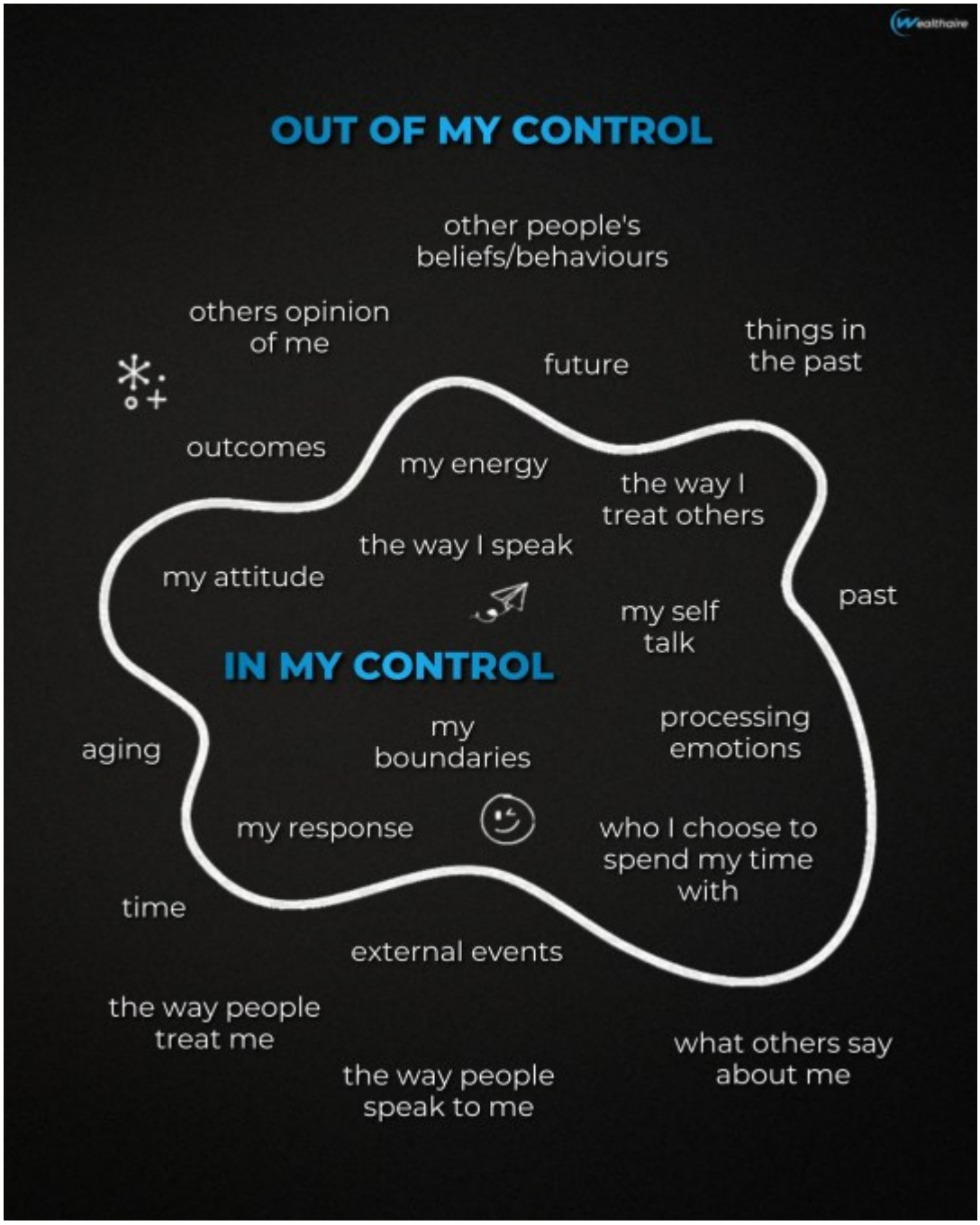
Today, however, I'm grateful for a God who reminds me to focus and work on what I can, and release what isn't mine. I can almost hear Him saying, *Ay*, Connie… *dale, déjame eso a Mí*." And yes, when it's serious, He speaks to me in Spanish.

How do you relate to this image? And what are you thankful for today?

Until next Thursday's post…si Dios quiere.

"You can't change the direction of the wind, but you can adjust your sails."
-Max Lucado

"Relying on God has to begin all over again every day as if nothing had yet been done."
-C.S. Lewis


OUT OF MY CONTROL
other people's beliefs/behaviours
others opinion of me
future
things in the past
outcomes
my energy
the way I treat others
the way I speak
my attitude
my self talk
past
IN MY CONTROL
aging
my boundaries
processing emotions
my response
who I choose to spend my time with
time
external events
the way people treat me
what others say about me
the way people speak to me

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