

A little humor and much-needed reality check for today…

How enlightened are we, really?

IF….

If you can live without caffeine (what??),
If you can be cheerful while your body sounds like a bowl of Rice Krispies,
If you can resist complaining, even when your WiFi is acting like it's on vacation,
If you can understand when your loved ones are "too busy" (but somehow posted 17 stories),
If you can take criticism without drafting a comeback speech in your head,
If you can ignore a friend's "creative facts" without pulling up Google,
If you can treat your rich friend and broke friend exactly the same (especially when the bill comes),
If you can face the world without lies, filters, or "I'm 5 minutes away" texts,
If you can conquer stress without snacks, naps, or dramatic sighs,
If you can relax without a drink… or three,
If you can sleep without scrolling yourself into oblivion,
If deep in your heart you truly hold no prejudice at all,

Then congratulations…
You've almost reached the same level of spiritual enlightenment as your dog

Darn. Okay. I'm grateful today for humility, not perfection.
And also for coffee. Definitely coffee.

What are you thankful for today?

Until next Thursday's post…si Dios quiere.

“Peace comes from within. Do not seek it without.”
-Buddha

“There are many paths to enlightenment. Be sure to take one with a heart.”
-Lao Tzu



#742

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