



I woke up yesterday thinking about math. Probably because I had a day of paying bills ahead of me. What a nightmare! I so disliked math in school.

Got me thinking how, once upon a time, math symbols were pretty straightforward. A minus sign meant subtraction, a plus sign meant addition, and so on.

These days, though, it feels like they represent something different. Excluding people, multiplying negativity, adding all kinds of weird factors, and dividing the world into more groups than ever. Let me tell you, I'd gladly take math class all over again if it meant getting back their original meanings.

Then I look at my newborn grandson. "Grandson". I'm still getting used to saying that.

His world right now consists of sleeping, eating, pooping, and burping. That's it. No politics, no divisions, no agendas. He's just living the dream. And as I hold him, I find myself wondering what kind of world we're leaving for him. Will things get better? Will people find more common ground? Will kindness make a comeback? I certainly don't have all the answers.

What I do know is that this little bundle of joy has already reminded me of something important. For all the craziness out there, there is still so much to be thankful for. New beginnings. New hope.

So this Thankful Thursday, I'm choosing to focus on that. And for now, I'll happily embrace my role as Wela and watch this little guy master the art of sleep, eat, poop, burp, repeat.

Friends and family, may we spend less time dividing and more time adding value, multiplying compassion, and subtracting the heck out of the things that keep us apart.

What are you thankful for today?

Until next Thursday's post...si Dios quiere.

"While we try to teach our children all about life, our children teach us what life is all about."

-A. Schwindt

"Too often we underestimate the power of a touch, a smile, a kind word... all of which have the potential to turn a life around."

-Leo Buscaglia

[Note: In case you are not Spanglish-speaking, "si Dios quiere" means God-willing. Mom finished most of her sentences with that phrase. After her passing, I added it to my sendoff in her honor.]

Today's Rx:

Spend less time dividing and more time adding value, multiplying compassion, and subtracting the heck out of the things that keep us apart.

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#750

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